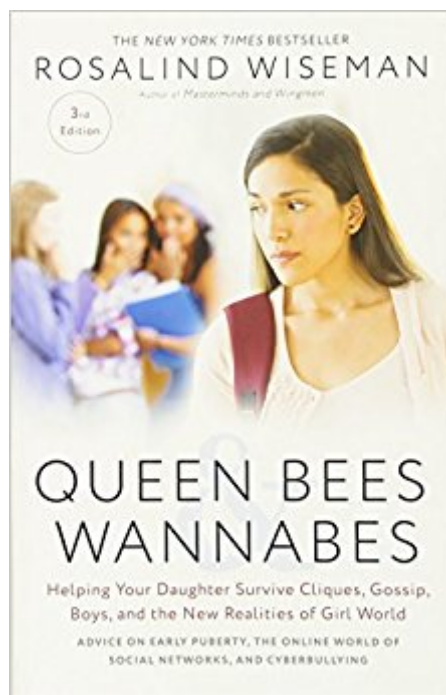




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# **Queen Bees And Wannabes, 3rd Edition: Helping Your Daughter Survive Cliques, Gossip, Boys, And The New Realities Of Girl World**



## Synopsis

“My daughter used to be so wonderful. Now I can barely stand her and she won’t tell me anything. How can I find out what’s going on?” “There’s a clique in my daughter’s grade that’s making her life miserable. She doesn’t want to go to school anymore. Her own supposed friends are turning on her, and she’s too afraid to do anything. What can I do?” Welcome to the wonderful world of your daughter’s adolescence. A world in which she comes to school one day to find that her friends have suddenly decided that she no longer belongs. Or she’s teased mercilessly for wearing the wrong outfit or having the wrong friend. Or branded with a reputation she can’t shake. Or pressured into conforming so she won’t be kicked out of the group. For better or worse, your daughter’s friendships are the key to enduring adolescence as well as the biggest threat to her well-being. In her groundbreaking book, *Queen Bees and Wannabes*, Empower cofounder Rosalind Wiseman takes you inside the secret world of girls’ friendships. Wiseman has spent more than a decade listening to thousands of girls talk about the powerful role cliques play in shaping what they wear and say, how they respond to boys, and how they feel about themselves. In this candid, insightful book, she dissects each role in the clique: Queen Bees, Wannabes, Messengers, Bankers, Targets, Torn Bystanders, and more. She discusses girls’ power plays, from birthday invitations to cafeteria seating arrangements and illicit parties. She takes readers into “Girl World” to analyze teasing, gossip, and reputations; beauty and fashion; alcohol and drugs; boys and sex; and more, and how cliques play a role in every situation. Each chapter includes “Check Your Baggage” sections to help you identify how your own background and biases affect how you see your daughter. “What You Can Do to Help” sections offer extensive sample scripts, bulleted lists, and other easy-to-use advice to get you inside your daughter’s world and help you help her. It’s not just about helping your daughter make it alive out of junior high. This book will help you understand how your daughter’s relationship with friends and cliques sets the stage for other intimate relationships as she grows and guides her when she has tougher choices to make about intimacy, drinking and drugs, and other hazards. With its revealing look into the secret world of teenage girls and cliques, enlivened with the voices of dozens of girls and a much-needed sense of humor, *Queen Bees and Wannabes* will equip you with all the tools you need to build the right foundation to help your daughter make smarter choices and empower her during this baffling, tumultuous time of life.

## Book Information

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## Customer Reviews

“Wise, humorous, life-affirming advice for parents that is utterly respectful of girls. I recommend parents mark it up, turn the corners of pages, and heed Wiseman’s creative and practical strategies for guiding girls along the sometimes treacherous pathways of growing up today. *Queen Bees and Wannabes* is Mapquest for parents of girls, from fifth grade all the way to young adulthood.” —Patricia Hersch, author of *A Tribe Apart: A Journey into the Heart of American Adolescence* “Who’s in? Who’s out? Who’s cool? Who’s not? Why is one girl elevated to royal status and another shunned? *Queen Bees and Wannabes* answers these unfathomable questions and so many more. Wiseman gives parents the insight, compassion, and skill needed to guide girls through the rocky terrain of the adolescent social world. This is such an honest and helpful book; we recommend it highly.” —Nina Shandler, author of *Ophelia’s Mom* and Sara Shandler, author of the bestselling *Ophelia Speaks* “Laced with humor, insight, and practical suggestions, *Queen Bees and Wannabes* is the one volume that’s been missing from the growing shelf of girl-centered publications. Wiseman explains the inner workings of teen culture and teaches parents, educators, and peers how to respond.” —Whitney Ransome and Meg Miln Moulton, executive directors, National Coalition of Girls’ Schools “Wiseman cuts through wishful parental thinking with a wonderful mixture of humor, facts, girls’ voices, and a healthy dollop of reality. No, the harm cliques cause is not a natural fact of life. Wiseman gives us both hope and strategies to help our girls (and boys) build a more healthy, nurturing world for

themselves. Joe Kelly, author, Dads and Daughters: How to Inspire, Understand and Support Your Daughter When She's Growing Up So Fast, executive director, Dads and Daughters  
"Rosalind Wiseman invites us into the Girl World with insight, honesty, and humor. Based on the most thorough, helpful research I know of, this book should be required reading for parents, teachers, and health professionals."  
Edes P. Gilbert, acting president, Independent Educational Services

ROSALIND WISEMAN is an educator, parenting expert, and founder of Creating Cultures of Dignity, an organization that helps young people successfully navigate the social challenges of young adulthood. She lives in Boulder, CO. From the Hardcover edition.

Amazing book! I'm very thankful for this book.

This is a must read for all parents of tweens and teens

Required reading for my daughter's 6th grade class. She doesn't like to read much, but actually found this book very interesting. Topics are perfect for this new phase of her life.

Arrived a little dented up top, but it's a book so I'll read it either way.

Essential reading for middle school moms if girls!

Great book for teen parents. It's so easy to lose control of situation faced with teens' secrets and struggles. The book gives the tools of identifying problems in clear language and helpful suggestions.

I bought this for my daughter as she has a young girl and she says this book is wonderful and is helping her handle things in her daughters life

Wow!! What a great insight into the minds of girls, don't know how I would have navigated without it!

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Dirty Tricks: A Real Girl's Guide to Getting Through it All Odd Girl Speaks Out: Girls Write about  
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